

An example of an Itinerary

Grail Course in Glastonbury

Day 1: * means approx. depending on weather, wind, interest for the place, and how fast you can walk.	00:00 a.m.	Check-in – we meet in Billund at 4:15 a.m. at the automats
	00:00 a.m.	Departure Billund
	00:00	Arrival Bristol International Airport.
	30 minutes later	We embark on our journey, see the trip here: LINK - The Cove LINK where we do a ceremony and walk from there to the stone circle Stanton Drew, the 2 nd biggest stone circle in the UK LINK where each grail pilgrim go through an initiation in the middle of the circle. There is a little time to have lunch, if you have any with you in your bag (some of the more fluent stuff might not be o.k. to have in your hand luggage), if we have time, we will go to Wells.
	Upon arrival	Check-in at Chalice Well Lodge, which is ready for us pilgrims latest by 2p.m., the office opens at 10 a.m.) LINK
	16:00-17:30*	Walk to Glastonbury Tor, where we go into Mary Magdalene's chakra exercise (the element of air) LINK LINK
	18:00	Dinner
	19:00-20:00	Sosha tells the pilgrims about the history of the Grail
Day 2:	08:00-09:00	Breakfast
	09:00-11:00	Grail course (first meditation and the element of air)
	11:00-12:00	Silence in Chalice Well Garden (the element of water) LINK
	12:30	Lunch
	13:30-14:30	Grail course (the element of water)
	15:00-16:30	We cross the street to the White Spring (the element of water) (open 1:30-4:30 p.m.), bring towels, it is definitely possible to bathe naked LINK
	17:30-18:30	Dinner
	18:30-21:00	Grail course (the element of earth)
Day 3:	08:00-09:00	Breakfast
	09:00-12:00	Grail course
	12:30	Lunch
	13:30-15:00*	Walk to Gog & Magog (the element of earth) LINK
	17:30	Dinner
	18:30-21:00	Grail course (the element of fire)
Day 4:	07:00	Breakfast
	07:50	Remember our lunch packs!
	08:00 – 19:00	Minibus. Remember to check the tide. See the trip here: LINK , St. Nectan's glen and the magical waterfall : LINK Tintagel: LINK and LINK and Merlin's cave: LINK
	19:00	Dinner
Day 5:	07:00	Breakfast
	07:50	Remember to take our lunch packs with us
	08:00-16:30*	Minibus. See the trip here: TRIP , SEE ALSO HERE 10:15 We arrive at Stonehenge (bottom right on the map) and check in 10:30 LINK LINK Avebury Henge, the biggest stone circle in the UK LINK LINK Silbury Hill LINK LINK West Kenneth Long Barrow and the source of River Kent LINK LINK Nei-Nei The latter three are to be found in the top right corner of the map. We eat our lunch at Silbury Hill.
	19:00	Dinner We relax
Day 6:	07:00	Breakfast
	09:00-12:00	Grail course (the element of ether and The Fisher King)
	12:30	Lunch
	13:30-16:00*	Walk to Wearyall Hill (the element of fire) LINK and Glastonbury Abbey (the element of ether) LINK We can go shopping, if we like.

	18:00	Dinner
		Party, we pack our stuff and get ready for departure the next day.
<u>Day 7:</u>	08:00	Breakfast
	09:00-10:00	We check out (from our room latest by 10 and from the house latest by 10:30 a.m., and deposit our luggage in the office.
	09:15	Walk to town; see the town, and maybe a little shopping.
	11:30-12:15	Maybe lunch at restaurant (everybody pay for themselves)
	13:00	Back to Chalice Well Lodge. We get our luggage back. Our entrance card enables us to use the toilets in Chalice Well Gardens.
	13:30 approx	Minibus, maybe we see Nunney Castle.
	00:00	Check-in (1 hour before departure is recommended)
	00:00	Departure
	00:00	Arrival Billund